



## COURSE OUTLINE: PSW153 - PSW PRACTICUM II

Prepared: Viki Nolan

Approved: Bob Chapman, Dean, Health

<b>Course Code: Title</b>	PSW153: PSW PRACTICUM II
<b>Program Number: Name</b>	3027: PERSONAL SUPPORT WKR 3070: PER/DEV SUPPORT SERV
<b>Department:</b>	PERSONAL SUPPORT WORKER
<b>Academic Year:</b>	2023-2024
<b>Course Description:</b>	This course is a continuation of PSW Practicum I (PSW 143) in which the learner will continue to apply concepts and knowledge acquired in the classroom / lab environment to provide safe, holistic care to clients in a practice setting. The learner will practice clinical skills in a simulated laboratory setting including assisting with medications, specimen collection, oxygen therapy, wound care, parenteral nutrition, and vital signs measurement. These experiences will provide the learner with the opportunity to consolidate skills and knowledge at a level of a graduating PSW.
<b>Total Credits:</b>	12
<b>Hours/Week:</b>	3
<b>Total Hours:</b>	246
<b>Prerequisites:</b>	PSW140, PSW143
<b>Corequisites:</b>	There are no co-requisites for this course.
<b>Vocational Learning Outcomes (VLO's) addressed in this course:</b>	<b>3027 - PERSONAL SUPPORT WKR</b>
<b>Please refer to program web page for a complete listing of program outcomes where applicable.</b>	VLO 1 Work within the personal support worker role in various care settings in accordance with all applicable legislation, standards, employer job descriptions, policies, procedures and guidelines.
	VLO 2 Practice professionally, and be accountable for one's own actions by applying problem-solving, self-awareness, time management and critical thinking to the provision of care as a personal support worker, whether working independently or as a member of a team.
	VLO 3 Practice as an engaged member of the interprofessional team to maintain collaborative working relationships for the provision of supportive, safe, responsive and competent client-centred care within care settings.
	VLO 4 Provide person-centred care, based on ethical principles, sensitive to diverse personal and family values, beliefs, cultural practices and other needs, which follows the plan of care.
	VLO 5 Establish and maintain therapeutic relationships with clients and their families using effective communication skills to build a genuine, trusting, and respectful partnership, in accordance with professional boundaries, employer policies, confidentiality, and privacy legislation.
	VLO 6 Identify relevant client information within the roles and responsibilities of the personal support worker using observation, critical thinking, and effective communication skills to report and document findings.



- VLO 7 Create, promote and maintain a safe and comfortable environment for clients, their families, self and others by implementing current infection prevention and control measures, emergency and first aid procedures, and best practices in pandemic planning that are in keeping with the plan of care, all applicable legislation, and employer policies and procedures.
- VLO 8 Assist clients across the lifespan with activities of daily living by applying fundamental knowledge of growth and development, psychological concepts, common alterations in functioning, health promotion, disease prevention, rehabilitation and restorative care, and holistic health care.
- VLO 9 Assist the client with medication following the client's plan of care, and if a delegated act, under the supervision of a regulated health professional or done by exception under the most accountable person and in accordance with all applicable legislation and employer policies.
- VLO 10 Assist with household management services and instrumental activities of daily living in accordance with the plan of care and considering the preferences, comfort, safety and autonomy of clients, families and significant others.
- VLO 11 Assist and support clients who are caregivers, considering individual and family choices, professional boundaries and the direction of the plan of care.
- VLO 12 Identify, respond to and report potential, alleged, suspected or witnessed situations of abuse, and/or neglect, as required by all applicable legislation, including the Retirement Homes Act, 2010 and the Long-Term Care Homes Act, 2007, and as required within the employers' job description for the personal support workers.
- VLO 13 Assist with the provision of holistic health care and advocacy for culturally safe and spiritually sensitive palliative and end-of-life care to clients and to their families and significant others from diagnosis through to death and bereavement, and in accordance with clients' choices and the plan of care.
- VLO 14 Provide client-centered and client-directed care to individuals experiencing various mental health illness and challenges, cognitive and intellectual impairments, and/or responsive behaviours by using supportive approaches and evidence-based practices to promote positive and safe behaviours in clients.

### **3070 - PER/DEV SUPPORT SERV**

- VLO 1 Work within the personal and developmental support services role in a variety of healthcare and community settings in accordance with all applicable legislation and employer's job description, policies, procedures and guidelines.
- VLO 2 Conduct oneself in an ethical, competent and accountable manner in all professional relationships.
- VLO 3 Provide person-directed and centred support that is sensitive to diverse values, cultures, beliefs and needs to promote client self-motivation and self-integration while maintaining privacy and confidentiality.
- VLO 4 Assess, communicate and document relevant client information in accordance with employer's policies and procedures and all applicable legislation within the personal and developmental support services role.
- VLO 5 Participate and collaborate as a member of the inter-professional team to promote a safe and comfortable environment for clients across the lifespan demonstrating the responsibility to identify and report situations of neglect or abuse (actual or potential), and respond in accordance with all applicable legislations and employer's policies



	and procedures.
	VLO 6 Support the health and well-being of clients across the lifespan by applying basic knowledge of growth and development, common alterations in functioning, disease prevention, health promotion and maintenance, rehabilitation and restorative care.
	VLO 7 Assist clients with medication in keeping with the direction of the plan of care/service plan and under the direction and monitoring of a regulated health professional* or most accountable person and in accordance with all applicable legislation and employer's policies.
	VLO 8 Assist clients who are caring for dependent individuals considering client and family choices, professional boundaries and the direction of the plan of care/service plan.
	VLO 9 Assist in the provision of person-directed and centred palliative and end-of-life support for clients and their families.
<b>Essential Employability Skills (EES) addressed in this course:</b>	<p>EES 1 Communicate clearly, concisely and correctly in the written, spoken, and visual form that fulfills the purpose and meets the needs of the audience.</p> <p>EES 2 Respond to written, spoken, or visual messages in a manner that ensures effective communication.</p> <p>EES 3 Execute mathematical operations accurately.</p> <p>EES 4 Apply a systematic approach to solve problems.</p> <p>EES 5 Use a variety of thinking skills to anticipate and solve problems.</p> <p>EES 6 Locate, select, organize, and document information using appropriate technology and information systems.</p> <p>EES 7 Analyze, evaluate, and apply relevant information from a variety of sources.</p> <p>EES 8 Show respect for the diverse opinions, values, belief systems, and contributions of others.</p> <p>EES 9 Interact with others in groups or teams that contribute to effective working relationships and the achievement of goals.</p> <p>EES 10 Manage the use of time and other resources to complete projects.</p> <p>EES 11 Take responsibility for one's own actions, decisions, and consequences.</p>
<b>Course Evaluation:</b>	<p>Passing Grade: 60%, C</p> <p>A minimum program GPA of 2.0 or higher where program specific standards exist is required for graduation.</p>
<b>Other Course Evaluation &amp; Assessment Requirements:</b>	<p>Component 1. Lab/Math Tests (written) and Assignments (Homecare/Medications Assignments) must be at a satisfactory level of 60% overall.</p> <p>Component 2. Satisfactory supervised skill practice (lab) / mandatory attendance</p> <p>Component 3. Satisfactory supervised clinical practicum performance / mandatory attendance, there is no clinical make up time.</p> <p>Component 4. Satisfactory clinical practicum performance in Consolidation, students will be expected to work all shifts according to agency policy and teacher direction.</p> <p>NOTE***Students must be successful in each component to be successful in the course overall.</p>

**Books and Required Resources:**

Mosby's Canadian Textbook for the Support Worker w/ workbook by Sorrentino  
 Publisher: Elsevier Canada Edition: 5th  
 ISBN: 9780323832038  
 Used in first semester

Medical Terminology A Short Course by Chabner  
 Publisher: Elsevier Edition: 9th  
 ISBN: 9780323479912  
 Used in first semester

Mosby's Canadian Textbook for the Support Worker (workbook) by Sorrentino  
 Publisher: Elsevier Edition: 5th  
 ISBN: 9780323711630  
 Used in first semester

Mosby's Canadian Textbook for the Support Worker by Sorrentino  
 Publisher: Elsevier, Mosby Edition: 5th  
 ISBN: 9780323709392  
 Used in first semester

**Course Outcomes and Learning Objectives:**

<b>Course Outcome 1</b>	<b>Learning Objectives for Course Outcome 1</b>
1. Work within the personal support worker role in various care settings in accordance with all applicable legislation, standards, employer job descriptions, policies, procedures and guidelines.	1.1 Identify and follow employer's policies and procedures that apply to the personal support worker role. 1.2 Demonstrate accountability and responsibility by applying knowledge and performing previously learned skills safely and competently in a variety of care settings. Examples include: Standard precautions and infection control practices 1.3 Body Mechanics. 1.4 Moving positioning, transferring and ambulating clients. 1.5 Assisting with bowel and bladder function. 1.6 Serving meal trays, feeding assistance, intake and output. 1.7 Range of motion. 1.8 Bed making. 1.9 Personal hygiene care, grooming and dressing.
<b>Course Outcome 2</b>	<b>Learning Objectives for Course Outcome 2</b>
2. Practice as an engaged member of the interprofessional team to maintain collaborative working relationships for the provision of supportive, safe, responsive and competent client-centred care within care settings.	2.1 Develop and maintain respectful work relationships with other interprofessional care/service team members. 2.2 Work and learn as an effective team member of the interprofessional care/service team requesting guidance as required. 2.3 Develop time management skills effectively to organize multi-client assignments to provide care safely and competently. 2.4 Follow written and oral directions correctly and promptly. 2.5 Provide planned, safe, and competent care for up to 8 clients depending on client needs and availability of experience. 2.6 Accept and act upon constructive feedback from clients, families, supervisors, and interprofessional care/service team members.



	2.7 Follow all applicable school and agency policies and procedures.
<b>Course Outcome 3</b>	<b>Learning Objectives for Course Outcome 3</b>
3. Provide person-centred care, based on ethical principles, sensitive to diverse personal and family values, beliefs, cultural practices and other needs, which follows the plan of care.	<p>3.1 Identify strategies to promote client's independence in a variety of care settings.</p> <p>3.2 Respect client's right to privacy, independence and to be treated with dignity regardless of client's abilities.</p> <p>3.3 Provide care that respects client's right to make choices, decisions and to direct supportive care while maintaining client's independence.</p> <p>3.4 Differentiate between the issue of risk-taking and responsibility for safety, clarify issues of concern with support of supervisor.</p> <p>3.5 Utilize basic problem solving skills effectively when providing care to clients.</p>
<b>Course Outcome 4</b>	<b>Learning Objectives for Course Outcome 4</b>
4. Identify relevant client information within the roles and responsibilities of the personal support worker using observation, critical thinking, and effective communication skills to report and document findings.	<p>4.1 Complete regular and ongoing observations noting and reporting information relevant to the plan of care/service plan.</p> <p>4.2 Demonstrate the procedures to accurately measure height, weight, vital signs and oxygen saturation and record findings appropriately.</p> <p>4.3 Perform basic math calculations and conversions.</p> <p>4.4 Identify potential sources of measurement error in taking vital signs.</p> <p>4.5 Identify the normal ranges for different age groups, sites used and the factor that affect vital signs.</p> <p>4.6 Describe the causes, signs and symptoms of skin tears, pressure ulcers, leg/foot ulcers, the treatments and measures to prevent them.</p> <p>4.7 Define the factors that affect wound healing and discuss potential complications of wound healing.</p> <p>4.8 Describe the role of the personal support worker in observing wounds and wound drainage.</p> <p>4.9 Demonstrate the procedure to cleanse simple wounds, apply simple non-sterile dressing, and secure dressing.</p> <p>4.10 Identify the guidelines, purposes, types, effects and complications of heat and cold applications.</p> <p>4.11 Identify the factors that affect oxygen needs and the signs and symptoms of hypoxia and abnormal respirations.</p> <p>4.12 Identify the measures used to promote oxygenation and the devices used to administer oxygen.</p> <p>4.13 Explain the measures the personal support worker would use to safely assist with oxygen therapy.</p> <p>4.14 Review the principles and legal obligations of documentation and discuss guidelines to protect privacy and confidentiality in documentation.</p> <p>4.15 Write clearly and concisely using correct spelling, grammar, medical terminology and abbreviations given in the established policies and procedures when completing documentation/narrative notes.</p>



	4.16 Discuss the use of electronic health records and documentation.
<b>Course Outcome 5</b>	<b>Learning Objectives for Course Outcome 5</b>
5. Create, promote and maintain a safe and comfortable environment for clients, their families, self and others by implementing current infection prevention and control measures, emergency and first aid procedures, and best practices in pandemic planning that are in keeping with the plan of care, all applicable legislation, and employer policies and procedures.	5.1 Identify and report to supervisor any safety risks in the client care setting and take measures to reduce risk of injury to clients, the personal support worker and others. 5.2 Identify equipment and safety measures related to equipment commonly used in client care settings. 5.3 Identify potential fire hazards in a client care setting and actions to take in event of fire. 5.4 Discuss various falls prevention measures in client care setting and report any concerns to appropriate care/service team member.
<b>Course Outcome 6</b>	<b>Learning Objectives for Course Outcome 6</b>
6. Assist clients across the lifespan with activities of daily living by applying fundamental knowledge of growth and development, psychological concepts, common alterations in functioning, health promotion, disease prevention, rehabilitation and restorative care, and holistic health care.	6.1 Demonstrate methods of respectfully supporting client's rights to safety, dignity, autonomy, respect, privacy, and confidentiality in the provision of personal care. 6.2 Assist clients to maximize their ability and minimize the risk of harm, in keeping with client's preferences and the plan of care/service plan. 6.3 Identify enteral feeding methods, equipment, safety measures and signs of therapy complications. 6.4 Identify common intravenous sites, equipment, safety measures and signs of therapy complications. 6.5 Describe urine, stool, and sputum specimen collection procedures.
<b>Course Outcome 7</b>	<b>Learning Objectives for Course Outcome 7</b>
7. Assist the client with medication following the client's plan of care, and if a delegated act, under the supervision of a regulated health professional or done by exception under the most accountable person and in accordance with all applicable legislation and employer policies.	7.1 Identify how to assist clients with medication in compliance with all applicable legislation, agency policies and the role of the personal support worker. 7.2 Explain the difference between the role of the regulated professional and the role of the unregulated health provider related to medications. 7.3 Describe the basic classifications of medications, and the expected outcomes of their use. 7.4 Describe the various forms and routes of administration for medications. 7.5 Follow directions in the plan of care/service plan and act in accordance with all applicable legislation in the provision of assistance with oral, ear, eye, nose, topical, rectal, inhalation and subcutaneous medications. 7.6 Read and comprehend drug label information. 7.7 Discuss the principles of safe medication assistance practice.

		<p>7.8 Apply the correct techniques, including basic math calculations and conversions, required to prepare accurately and assist with medications.</p> <p>7.9 Exhibit the required dexterity assist with medications.</p> <p>7.10 Identify how to store medications safely according to instructions.</p> <p>7.11 Observe, record and report assistance provided with medication and client's responses in accordance with employer's policy and procedures and all applicable legislation.</p> <p>7.12 Identify and document any noted changes in client's behaviors and/or condition, report changes to the registered staff or most accountable person.</p> <p>7.13 Identify various methods of documentation regarding medication assistance using appropriate reporting forms (e.g. medication administration record (MAR), progress note).</p>
	<b>Course Outcome 8</b>	<b>Learning Objectives for Course Outcome 8</b>
	<p>8. Assist with household management services and instrumental activities of daily living in accordance with the plan of care and considering the preferences, comfort, safety and autonomy of clients, families and significant others.</p>	<p>8.1 Demonstrate household management services that promote client's health, independence, safety and comfort.</p> <p>8.2 Incorporate client's preferences in the provision of household management tasks and support the client's involvement in household activities based on client's wishes and the direction of the plan of care/service plan.</p> <p>8.3 Organize (in accordance with client's priorities and preferences as well as principles of time management) the various tasks of the home visit so as to minimize effort and resource use.</p> <p>8.4 Provide information to appropriate interprofessional team member to develop and/or update the plan of care/service plan as per employer's policies and procedures.</p> <p>8.5 Perform general household tasks, safely operate and care for standard household equipment in a variety of care settings including homes and schools.</p> <p>8.6 Follow the established policies, procedures, and the manufacturer's guidelines relevant to household equipment, appliances and product use and disposal.</p> <p>8.7 Identify and utilize routine practices/infection control practices related to environmental controls and minimizing microorganisms in the environment e.g., equipment and work area cleaning, disposal of waste (including sharps) and hand hygiene.</p> <p>8.8 Prepare meals in accordance with the plan of care/service plan considering client's directions, dietary restrictions, cultural practices, preferences, food allergies or sensitivities, storage and cooking facilities.</p> <p>8.9 Store and handle food safely.</p> <p>8.10 Follow a recipe and make common substitutions for ingredients.</p> <p>8.11 Serve food so as to be appealing to clients with regard to presentation, temperature and portion size.</p>
<b>Evaluation Process and</b>	<b>Evaluation Type</b>	<b>Evaluation Weight</b>

**Grading System:**

Clinical practicum (S / U)	0%
Consolidation clinical practicum (S / U)	0%
Home Management Assignment	10%
In-Class Assignment- Medications	10%
Lab Test #1	20%
Lab Test #2	30%
Lab Test #3	20%
Math Test	10%
Satisfactory supervised skills (lab) / mandatory attendance (S/U)	0%

**Date:**

December 12, 2023

**Addendum:**

Please refer to the course outline addendum on the Learning Management System for further information.

